



## **Marquette Manor Baptist Academy Athletics Concussion Protocol**

(6/1/2016)

1. Requirements for athletic participation
  - a. Annual Pre-Participation Examination
  - b. Annual MMBA Athletic Permission and Treatment Release
  - c. Annual IHSA Sports Medicine Acknowledgement & Consent Form
  
2. Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the practice or contest and shall not return to play until cleared by an appropriate health care professional.
  - a. Possible signs/symptoms (list is non-exhaustive):
    - i. Headache
    - ii. Nausea
    - iii. Balance problems or dizziness
    - iv. Double or fuzzy vision
    - v. Sensitivity to light or noise
    - vi. Feeling sluggish
    - vii. Concentration or memory problems
    - viii. Confusion
  - b. Possible behaviors (list is non-exhaustive):
    - i. Loss of consciousness
    - ii. Appears dazed, stunned, or confused
    - iii. Forgets plays
    - iv. Unsure of game, score, or opponent
    - v. Moves clumsily
    - vi. Answers questions slowly
    - vii. Shows behavior or personality changes
    - viii. Can't recall events prior to or after the injury

3. Return-To-Play post concussion or suspected concussion
  - a. The athlete shall not return to practice or play until evaluated by and receives written clearance from a licensed health care provider to return to play.
  - b. Only certified athletic trainers and physicians licensed to practice medicine can clear an athlete to return to play the day of a contest in which the athlete has been removed from the contest for a possible head injury.
  - c. Completion of IHSA/IESA Post-concussion Consent Form
  
4. Staff Requirements
  - a. Principal, Athletic Director, Coaching Staff
    - i. Concussion training every 2 years
  - b. Immediately remove athletes from practice and/or contests at 1<sup>st</sup> signs or symptoms and/or behaviors indicating concussion.
  - c. Enforce the Return-To-Play protocol